



The Itch Clinic

Allergy, Dermatology, and Otology

Dr. Keith A Hnilica DVM, MS, DACVD

TREATING ATOPY (ENVIRONMENTAL ALLERGIES) **CAN BE VERY SUCCESSFUL** BUT DOES INVOLVE WORK AND LONG TERM TREATMENT.

TREATMENTS:

1. ALLERGY **PREVENTION** THERAPY

- FREQUENT BATHS AND WIPES
- RESTRICTED DIET – NO BEEF, DAIRY, CHICKEN
- INFECTION PREVENTION OF THE EARS AND SKIN
- OMEGA 3 FATTY ACID AND VITAMIN A AND B THERAPY
- ANTIHISTAMINES

2. **AGGRESSIVE** TREATMENT OPTIONS

A. STEROIDS – 80% EFFECTIVE IN 5 DAYS

NO CURE

MOST SIDE EFFECTS ON THE LIVER AND OTHER ORGANS
MRSTAPH RISK AND URINARY INFECTIONS

B. APOQUEL – 80% EFFCETIVE IN 3 DAYS

NO CURE

10% RISK OF TUMORS, PNEUMONIA, DEMODEX MITES

PLEASE READ THE COMPLETE LABEL

40 lb DOG

C. ATOPICA – 85% EFFECTIVE IN 6 WEEKS

NO ADVERSE EFFECTS EXCEPT RARE GI UPSET

\$80-160/MO

D. ALLERGY SKIN TESTING AND VACCINE

85% EFFECTIVE IN 4-6 WEEKS

60% CURE AFTER 2 YEARS

\$300 ALLERGY TEST

NO SIDE EFFECTS

\$36/MO

E. MONOCLONAL ANTIBODY THERAPY INJECTIONS (A-MAT)

98% EFFECTIVE IN 48 HOURS

REPEATED EVERY 1-3 MONTHS

Injection stings but otherwise NO SIDE EFFECTS

\$120/INJ

MOST SIDE EFFECTS

SAFE

The Itch Clinic

4 locations in East Tennessee

(800) 621-1370

www.TheItchClinic.com